**Week 7**

**Name:**

**Mobile:**

| **Personal Development Workouts** |
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| 1. Watch the movie “Coach Carter” |
| *Write a short description about this task*  *Link to the folder containing your audio summary* |

| **Technical Workouts** |
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| 1. This week you are going to start your first project. You are advised to search and find a complete project tutorial in your domain. Complete the tutorial by the end of this week and prepare a presentation on it. Your presentation should explain what you are going to do in the upcoming weeks.    1. NB: Candidates are advised not to start coding. This week is for project planning only. Please finish watching the tutorial carefully and plan your project and presentation accordingly 2. Divide your project into modules. 3. Prepare API documentation for your project. 4. Prototype your complete project using any prototyping tool such as “Figma”. 5. Prepare Database design for your project. |
| *Write a short description about this task*  *Link to your complete project tutorial* |
| *Write a short description about this task*  *Link to the document containing your list of modules* |
| *Write a short description about this task*  *Link to the api document of your project* |
| *Write a short description about this task*  *Link to the prototype* |
| *Write a short description about this task*  *Link to your database design document* |

| **Miscellaneous Workouts** |
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| 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don’t spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Write a short description about this task*  *Link to screenshot image* |
| *Write a short description about this task*  *Link to your seminar video* |
| *Link to the document containing notes for your feedback session* |
| *Write a short description about this task*  *Link to your progress video* |